



## CHILDREN'S MENU

### BREAKFAST

#### Scrambled Eggs £4.95

Toasted bloomer

V E, G, D 497 Kcal

#### Grilled Bacon Sandwich £4.95

G, D 461 Kcal

#### Yoghurt & Fruit Compote £4.95

V D 108 Kcal

### STARTERS

#### Soup of the Day with Soldiers

ASK FOR ALLERGENS & CALORIES

#### Houmous

With either vegetable sticks

V D, CE, SE 297 Kcal

or toasted pitta bread

VE G 160 Kcal

#### Garlic Bread

V G, D 231 Kcal

Add cheese D 272 Kcal

### MAINS

Served with mash D or skinny fries, with peas, beans or vegetables

#### Battered Chicken Strips

GF SD, CE, F 536 Kcal

#### Battered Fish F, SD 543 Kcal

#### Cheeseburger

4oz beef burger, brioche bun, melted cheese G, D, SD 444 Kcal

Switch to a vegan burger VE G, S, SD 659 Kcal

#### Sausages

Pork sausages, rich gravy G, D, CE 538 Kcal

Switch to vegetarian sausages V G, D, CE 414 Kcal

#### Mac & Cheese V G, D 463 Kcal

Add bacon 505 Kcal or add chicken 538 Kcal

#### Sandwich & Salad (Served until 6pm) G, D, SD, MU

Jam 329 Kcal, plain ham 385 Kcal

or plain cheese V 439 Kcal

#### Roast Dinner (Sundays only) G, D, E, CE 496 Kcal

### DESSERTS

#### Fresh Fruit Salad

VE ASK FOR ALLERGENS 55 Kcal

#### Double Pancake Stack

Vanilla ice cream, choice of sauce – chocolate, caramel or fruit compote V, GF S, D 1312 Kcal

#### Malteser Ice cream Sundae

V G, S, D, E 334 Kcal

#### Cookies & Ice Cream

V G, S, E, D 455 Kcal

#### Half Sticky Toffee Pudding

Ice cream G, E, D 520 Kcal

2 COURSES: £6.95 3 COURSES: £8.95

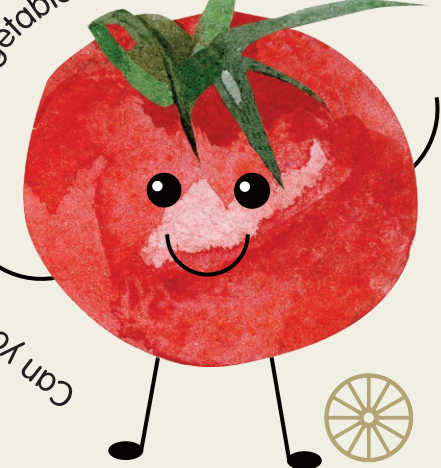
V: Vegetarian VE: Vegan GF: Gluten-Free.

**If you have a food allergy, intolerance or sensitivity, please speak to your server before ordering your meal.**

Please be aware our kitchens contain allergens of all kinds so we therefore cannot guarantee that any one dish can be free of all traces of any allergen. Items cooked within our fryers and ovens cannot be separated from allergenic ingredients and cross contamination may occur.

C: Crustaceans / CE: Celery / D: Dairy / E: Eggs / F: Fish / P: Peanuts / G: Gluten / L: Lupin  
N: Nuts / MO: Molluscs / MU: Mustard / S: Soya / SD: Sulphur dioxide / SE: Sesame seeds

Hello, I'm Toby Tomato.  
Can you colour in all my vegetable friends?

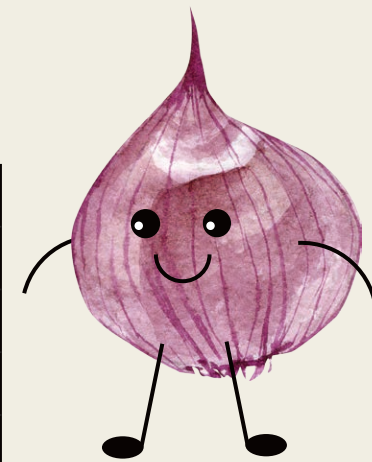




Hi, I'm Ruby Radish. What's your name?

What is your favourite food to eat?

Can you help Ollie Onion find all these words in his word search?

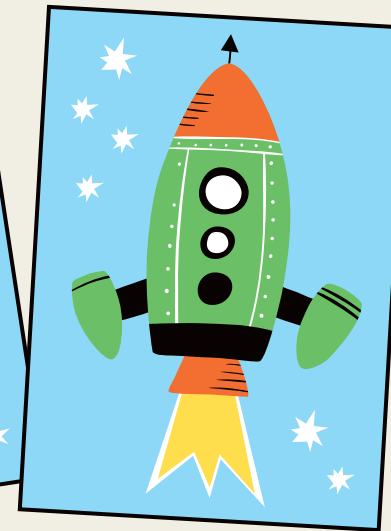
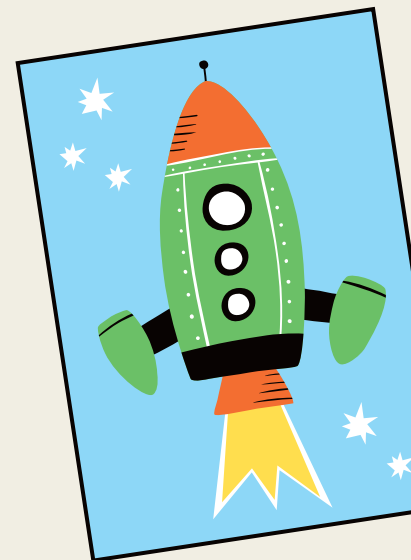


G	U	O	C	C	E	L	E	R	Y
R	A	D	I	S	H	P	E	E	B
E	D	P	E	P	P	E	R	U	T
E	L	C	R	I	S	F	Q	W	O
N	E	Y	O	N	I	O	N	L	M
B	E	P	E	A	S	U	N	F	A
E	K	D	V	C	A	R	R	O	T
A	X	U	J	H	C	O	L	G	O
N	J	B	R	O	C	C	O	L	I
O	S	W	E	E	T	C	O	R	N

- Radish                      Celery
- Sweetcorn                Spinach
- Pepper                     Leek
- Onion                      Carrot
- Tomato                    Peas
- Green Bean                Broccoli



Can you help Pippa Pepper find her friend Bertie Broccoli?



Can you help Sally Sweetcorn find the 5 differences in these rocket pictures?

